

GRADE 12

CONSUMER STUDIES WORKSHEET

FOOD AND NUTRITION

TERM 2

Dear learners. Please complete a mind map of each of the following.

Each topic must be done on a NEW PAGE. It must be written or typed in CLEAR BLACK INK with illustrations/pictures.

All headings must be included.

- **Description**
- **Causes**
- **Types**
- **Prevention**
- **Consequences**
- **Management**

Miss you guys. PS

	MONDAY 20/04	TUESDAY 21/04	WEDNESDAY 22/04	THURSDAY 23/04	FRIDAY 24/04
FOOD AND NUTRITION	DIABETES	CORONARY HEART DISEASE	CHOLESTEROL	FOOD ALLERGIES	FOOD INTOLERANCE
	MONDAY 27/04	TUESDAY 28/04	WEDNESDAY 29/04	THURSDAY 30/04	FRIDAY 01/05
FOOD AND NUTRITON	HEPATITIS A	E-COLI INFECTION	DYSENTARY	OBESITY	HIGH BLOOD PRESSURE